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They are used primarily as a bittering, flavouring, and stability agent in beer, to which, in addition to bitterness, they impart floral, fruity, or citrus flavours and aromas. Hops are also used for various purposes in other beverages and herbal medicine.

[Hops - Wikipedia](#)

[en.wikipedia : wiki : Hops](#)

[Hops: Benefits, Side Effects, Dosage, and Interactions - Verywell Health](#)

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No solid foods naturally contain hops, but beer is often brewed with hops to add bitterness and flavor. Some people choose to add dried hops to various dishes and recipes. However, they're generally used as supplements for health purposes.

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