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[One of the biggest reasons traders lose money is a lack of knowledge and education. Many people are drawn to trading because they believe it's a way to make quick money without investing much time or effort. However, this is a dangerous misconception that often leads to losses.](#)

[Why 90% Of Traders Lose Money - MoneyShow](#) : articles : tradingidea-60554 : why-90-of-traders-...

[The Securities and Exchange Commission \(SEC\) says that day traders typically suffer severe financial losses in their first months of trading, and many never graduate to profit-making status.](#) Securities and Exchange Commission. Day Trading: Your Dollars at Risk. Accessed Jan 3, 2024.

[Day Trading: Definition, Risks and How to Start - NerdWallet](#) : article : investing : how-to-day-trade-safely

[Tulo: Os 3 principais desafios e possíveis soluções para problemas;](#)

**Resumo:**

Em diversos contextos, encontrar soluções para problemas;

uma tarefa essencial. Neste artigo, abordaremos os 3 principais desafios e propomos soluções para cada um deles.

1. Desafio 1: Falta de planejamento

Planejar adequadamente as etapas de um projeto fundamenta